

HIDDEN HILLS

COMMUNITY REGISTER & RESOURCE GUIDE



MAKE FAMILY SPRING BREAK A BREEZE

Cape Rey Resort and Park Hyatt
Aviara, Carlsbad:

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San Diego County is unique among California's countless travel destinations, densely packing the city-break-ready San Diego, sophisticated wineries, spas, outdoor activities, natural phenomena and family-friendly activities into a relatively small geographic area. If you live in suburban Los Angeles, it's a no-brainer Spring Break family getaway that

requires little planning and almost painless travel by car.

While the city never disappoints, Carlsbad actually may be the best destination for families wanting to unplug but still be minutes from the coast and its charming villages. And while boutique resorts are undeniably romantic for couples, there's

something to be said for large resorts, where every member of the family has many options for enjoying spring break their way.

Cape Rey Resort Hilton and Park Hyatt Aviara are perfect for the occasion. Both resorts, in very different ways, hit the sweet spot between on-site amenities and location.



TOP: Cape Rey's breathtaking gardens as the sun goes down.

BOTTOM LEFT: Enjoy a delectable Scottish Egg at the Park Hyatt Aviara.

BOTTOM RIGHT: Take in the picturesque sunset from Cape Rey's adult pool.



Either way, this means that parents can take advantage of “couples time” and “me time,” while the kids can cut loose in a safe place until it’s time for some family bonding and adventure. The resorts are minutes away from local highlights such as Carlsbad Village shopping, Legoland, the Del Mar Race Track, and springtime-only attractions such as The Flower Fields at Carlsbad Ranch, open March through Mother’s Day, with a roster of activities that include afternoon teas, outdoor concerts, yoga classes, dinners and more.

The Cape Rey Resort and Spa (managed by Hilton) can claim the Carlsbad shores of the Pacific Ocean as its backyard, with only 150 steps separating civilization and the surf and coastline. The resort’s ambiance blends the earthy elegance of wine country-inspired “Craftsman” style with breezy “beach house” lightness that frames the wonders of what lies just beyond the windows, decks, and terraces.

Even with many choice restaurants a few minutes away in Carlsbad Village, one cannot go wrong with the property’s own Chandler’s, which overlooks the ocean and offers an approachable-but-sophisticated assortment of California coastal fare, including Shrimp Nachos, Kale Caesar Salad, Short Rib Flatbread, and a vegan “Impossible” burger with all of the fixings. Come for dinner to try such signatures as Crispy Skin Verlasso Salmon (pan roasted salmon, shrimp, clams, mussels, potato



FROM TOP LEFT GOING CLOCKWISE: Flannery beef ribeye, the Park Hyatt's signature Smoking Ember cocktail, select wine and appetizers on the Aviara Ponto Lago Terrace, and Tuna Tartare with mango yolk.
BELOW: Aviara lobby entrance.

gnocchi, French baguette crostini, saffron aioli, tomato fennel sauce) or Ribeye with smoked pork belly potato hash, charred broccolini and bordelaise.

Spa enthusiasts will find the Ocean Crest Spa on property, noted for its use of environmentally sensitive and regionally-created products (such as Osea Malibu, Conscious Choice Skincare, and California’s Tasha & Co. Organics) and exclusive treatments with custom-blended and locally-sourced ingredients including the Ocean Journey Signature Body Rituals, Red Flower Fields Scrub and Massage and the Sea of Life Soothing & Calming Facial.

There are plenty of sporty outdoor activities right on property that ensures you can get the full Carlsbad experience without leaving the resort. These run the gamut from relaxing sailboat cruises and local deep-sea fishing to more active pursuits such as paddle boarding, horseback riding, snorkeling, surf lessons, and kayak exploration. Traditional bikes are available for use free of charge to guests on a first-come, first-served basis. If you want to take the cycling experience to the next level, meanwhile, have the concierge organize an adventure with Coastal Electric Bike to experience the latest

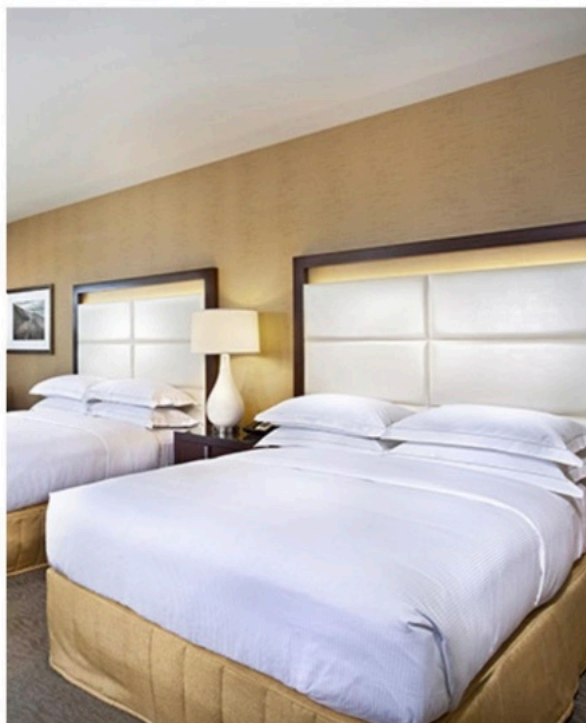
form of “coasting” that’s already taken much of Europe by storm.

The Park Hyatt Aviara (noted for its spa and extended wellness offerings) recently underwent a \$50+ million property-wide renovation. As a result, the 327 guest rooms and suites are designed to be almost self-contained personal “retreats” in their own right, with oversized marble baths and dual sinks with private balconies overlooking the Aviara Golf Course, Batiquitos Lagoon or coastal foothills amid the lush 200 acres it is situated on.

The crown jewel of the Park Hyatt Aviara is the 1,640-square-foot Blue Heron Suite, with prime views of the Aviara Golf Course and Batiquitos Lagoon (a protected ecological preserve that is one of the few remaining tidal wetlands on the Southern California coast). Perfectly appointed for the ultimate family getaway or business retreat, the suite includes one king bed, a separate living room, dining area that seats eight, two full bathrooms, two spacious furnished balconies, a kitchenette, and the option to connect to a two-bedroom suite.

The culinary experience of the marquee steakhouse restaurant, Ember & Rye, has also been elevated with an assist from celebrity Chef Richard Blais, adding contemporary





and global touches to classic chops and seafood fare. The decor also blends old and new, as the space overall has a contemporary country club feel that's updated with vibrant colors and quirky, bold patterns influenced by a Mid-Century modern sensibility. Ponto Lago, meanwhile, offers Baja-style cuisine upgraded with locally sourced ingredients as well as fresh pressed juices and healthy (yet never boring) selections.

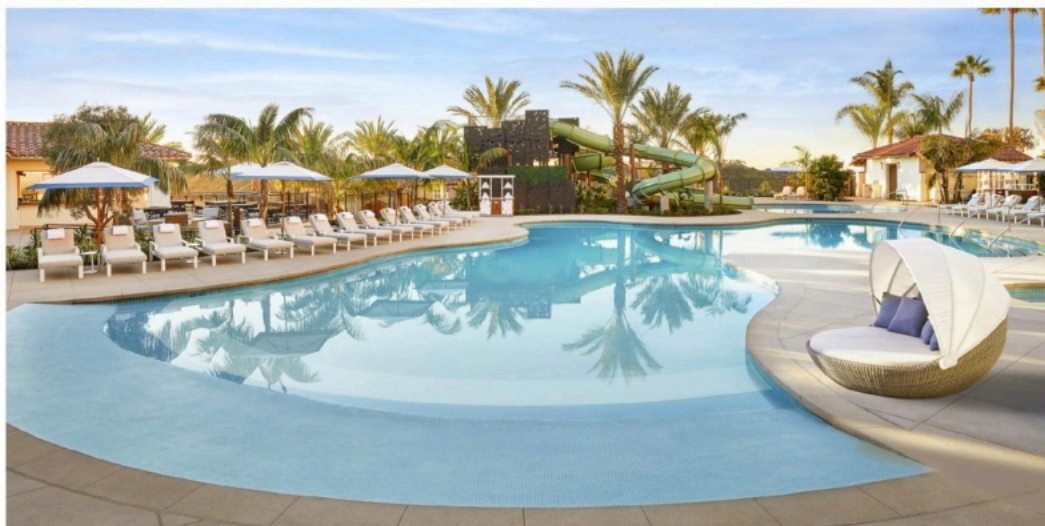
On its own, the Park Hyatt Aviara Spa fills an impressive 15,000 square feet of space with 20 treatment rooms, an indoor solarium lounge, a couple's suite with fireplace, semi-private pool, Swiss shower, aromatic steam rooms, saunas, and whirlpools. In addition to a prolific menu of massages, facials, and treatments, along with monthly specials. There are also customizable spa packages for groups of five guests or more where a generous host can mix and match luxury products, services, and delectable light bites. The private spa suite with outdoor whirlpool or private cabana at one of our resort pool decks can also be booked for private events.

The nationally acclaimed VeraVia, meanwhile, offers next-level all-inclusive 1, 2, or 3-day "wellness journeys" as well as transformative, immersive and comprehensive wellness retreats from 1 to 4 weeks. All retreat packages are fully customized to the

guests' health goals, with a structured program that may encompass fitness classes, educational workshops, personal training, nutritional consultations, yoga or guided meditation, spa time, healthy personalized meals, and more. To ensure the best results, no more than ten guests stay at the facility at a time.

Healthy pursuits extend to the resort's top ranked tennis courts and clinics as well as Aviara Golf Club, the only San Diego area golf course designed by Arnold Palmer. While it is also recognized as one of the country's best by 'Golf Digest' and 'Golf Magazine' for its gorgeous and challenging coastal layout, a number of golf clinics are offered for an additional fee for players of all ages and ability levels. If golf is not your thing, the Batiquitos Lagoon trail is accessible on the property as are personalized surf instruction sessions that can be arranged through the concierge.

To learn more about the The Cape Rey Resort and book your stay, (rooms range between \$211-\$650) call (760) 602-0800 or visit www.caperey.com. **For information and reservations at the Park Hyatt Aviara** (rooms start at \$545), call (760) 448-1234, text (760) 642-2885, or visit parkhyattaviara.com.



FROM TOP LEFT GOING CLOCKWISE, Soak up the sun by the Park Hyatt grotto, or enjoy a ride down the slide at the Family pool. Enjoy a perfect slumber in the Queen Balcony rooms complete with an ocean view, or enjoy an ultra-luxury cabana at Cape Rey's poolside.

All photos courtesy of the Cape Rey Resort and Park Hyatt Aviara.